

TAD “Temporary Anchorage Device” Instructions

What is a TAD?

Temporary anchorage devices are biologically inert attachments that are affixed to the bone to create support for orthodontic tooth movements that would be difficult or otherwise impossible to accomplish. In many cases, these devices enable Orthodontists to avoid invasive procedures such as extractions or jaw surgery. The TADs are easily removed at the end of orthodontic treatment.

What to Expect:

Patients may experience some tenderness around the treatment site for 3-7 days. This sensitivity is similar to that of an orthodontic adjustment. If discomfort persists longer than one week, please contact our office. If any parts of the device come loose, please save them and bring them with you to your next visit.

Post-op Instructions:

- 1) Warm salt water rinse is recommended 2-3 times a day until area is healed.
- 2) Take Tylenol for any discomfort. Please avoid any anti-inflammatories such as Aleve or Advil which inhibits orthodontic tooth movement.
- 3) You may continue to brush and floss in your normal routine, but we advise you to be gentle to the soft tissues where the TAD was placed.