## **Forsus/Bite-Corrector Instructions**

Your bite correction device is a compact and constant working alternative to rubber bands. Because the device is constantly active, bite correction is achieved at a faster pace and with more certainty.

## What to Expect:

Because of the constant and active force, patients usually adjust very quickly to this device and experience minimal discomfort. Some tenderness can be expected depending upon the amount of force used for each patient.

If you do have pain or discomfort, please take Tylenol (if you are able) to help make yourself comfortable until you have adjusted to the device. If you continue to have persistent discomfort that lasts longer than one week, please call and/or email our office. A slight adjustment of the device can help to ease soft tissue discomfort. Occasionally, the modules can flip and prevent patients from biting down. Please don't force The device into place. Instead, carefully adjust until the forsus is positioned correctly.

## Home Care:

This bite correction device is designed to be durable and withstand normal intraoral/chewing forces. It is not, however, indestructible and can be damaged or broken if not taken care of. Please be sure to eat small bites and avoid hard sticky foods that could damage or dislodge pieces of your device. If anything comes loose, please save the pieces and bring them with you to your next visit.